



Join the MACS Coaches for the fun and educational **Swimmer's Edge Clinic** Saturday, August 7 from 12-2 p.m.

- ◆ MACS ASCA certified coaches will work with swimmers on all four strokes and turns
- ◆ Dr. Julie Morley, professional triathlete and MACS parent, will talk with the swimmers about sports nutrition
- ◆ Parents are welcome to join our parent information session on competitive swimming at 1 p.m.
- ◆ The Swimmer's Edge Clinic is open to swimmers age 5 to 18 who can swim 25 yards without stopping
- ◆ **Clinic Location & Time:** 12-2 p.m. at Pier Point Pool, 3869 S. Atchison Way Aurora, CO 80014



Questions about the clinic: Call Terri Newkirk at 720-851-1246

Questions about MACS and how to join: Call 303-690-7100

MACS is a USA year-round swim club with swimmers ranging from novice through Olympic Trial qualifiers. Our well-organized, competitive program consistently finishes among the top teams in the state of Colorado. The USA Swimming Club Excellence Program has designated MACS as a Silver Medal Club. For more information on our team, go to www.macsswim.com.

Swimmer's Edge Clinic Registration Form

Mail this completed form and a check for \$25 payable to MACS to:
Terri Newkirk, 7237 Dove Court, Parker, CO 80134

Swimmer's Name

Age

Mailing Address

Parent/Guardian Name

Parent/Guardian Phone #

Parent/Guardian E-mail Address

Previous Swimming Experience